

Maryland Faith Community Health Network

Next Steps

After today's training:

- Debrief with your faith leaders and ministry leads about what you learned today. **If you have not already done so, please sign and return the MOU to join the Maryland Faith Community Health Network (MFCHN).** Then, together, assess your congregational capacity so that you know how the congregation can help if/when a call comes in. Be sure to get familiar with congregation's resources and protocol for handling various situations.
- Participate in brief monthly check-in calls **2nd Wednesday** of the month at 2:30PM at **310-372-7549** passcode **540759**. Be prepared to share ideas for training topics.
- Check out the MFCHN Toolkit at www.healthcareforall.com/MFCHNtoolkit which will include recordings of today's trainings and valuable community resources directory. If you know of a resource that should be added, please submit it!
- Meet with faith leader and/or ministry leads to plan congregational launch and enrollment of congregational members to the Network.

For more information

Contact the Maryland Citizens' Health Initiative Education Fund, Inc. at 410-235-9000 or visit www.healthcareforall.com.

Guide for de-briefing with your faith leader and ministry leads

1. **Share what you learned today.** Explain the structure, process, roles and expectations within the Maryland Faith Community Health Network. If you have not already done so, please sign and return the MOU to officially join the Network.
2. **Assess what supports/ministries are available** within the congregation and community that may be offered to ailing congregants. Identify particular strengths and, if appropriate, any unmet needs. Sharing these thoughts with your fellow Liaisons on the monthly check-in calls may be a good opportunity to learn how other congregations addressed similar challenges.
3. **Discuss protocol** and liability issues with your faith leader and ministry lead to determine how they would like for you to handle likely scenarios.
4. **Role play** and discuss any/all of the following scenarios with your faith leader or ministry lead to help prepare for your first call from LifeBridge.
 - a. You are making your first call as a Liaison to a congregant at LifeBridge Health. How do you prepare? How might you introduce yourself in this role to establish clear expectations and boundaries?
 - b. A congregant confides in you that they didn't understand their doctors' orders and/or can't afford their prescriptions. What do you do?
 - c. While participating in the congregant's discharge plan, you overheard some private information. How do you respond if someone from the congregation (or even a member of your family) asks how the hospitalized congregant is doing?
 - d. The congregant was diagnosed with a terminal illness and admitted to the hospital. Both she and her family are overwhelmed and confused about treatment options. What can you, the Liaison, do?
 - e. The congregant is healed but continues to call and ask for help with errands, etc. and you're feeling burned-out. What do you do?